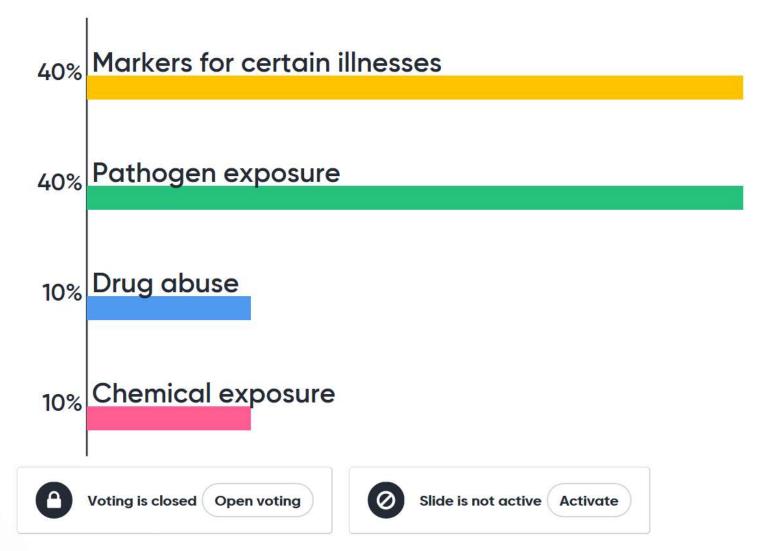
In your community, what public health problems need to be monitored? how are resources allocated?

Mentimeter









Testing wastewater for better community health and safety

The 2nd Annual Community Information Exchange Summit

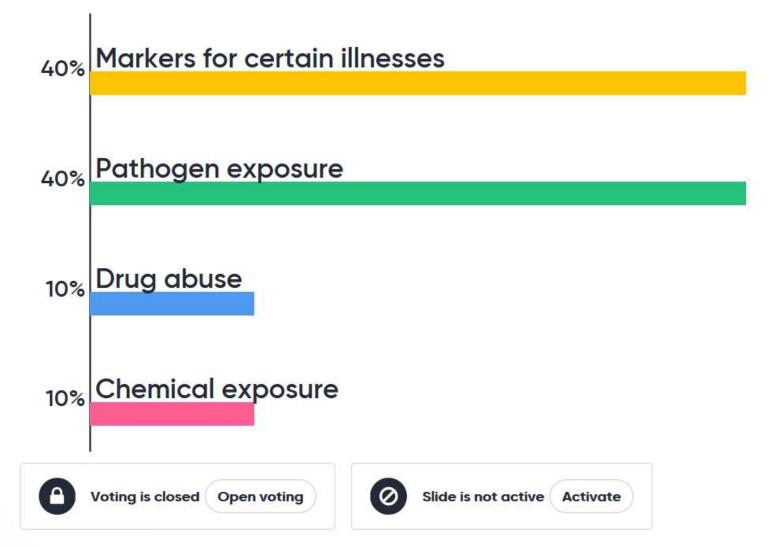
San Diego, CA

April 24, 2019

Cindy Hu, ScD chu@mathematica-mpr.com Mathematica

In your community, what public health problems need to be monitored? how are resources allocated?

Mentimeter





Wastewater: a "new" data source

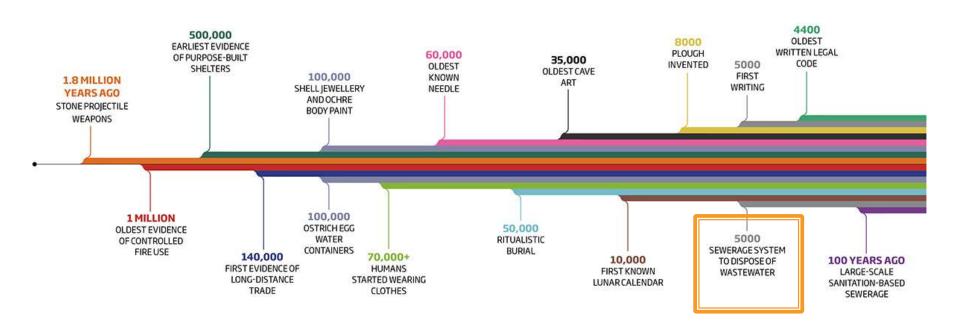
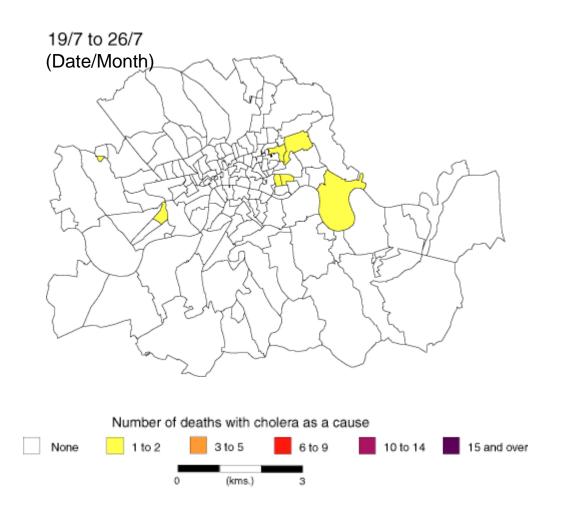


Figure from NewScientist.com



1854 Broad Street cholera outbreak





John Snow (1813 – 1858)

Figure from UNESCO



The Broad Street pump and cholera

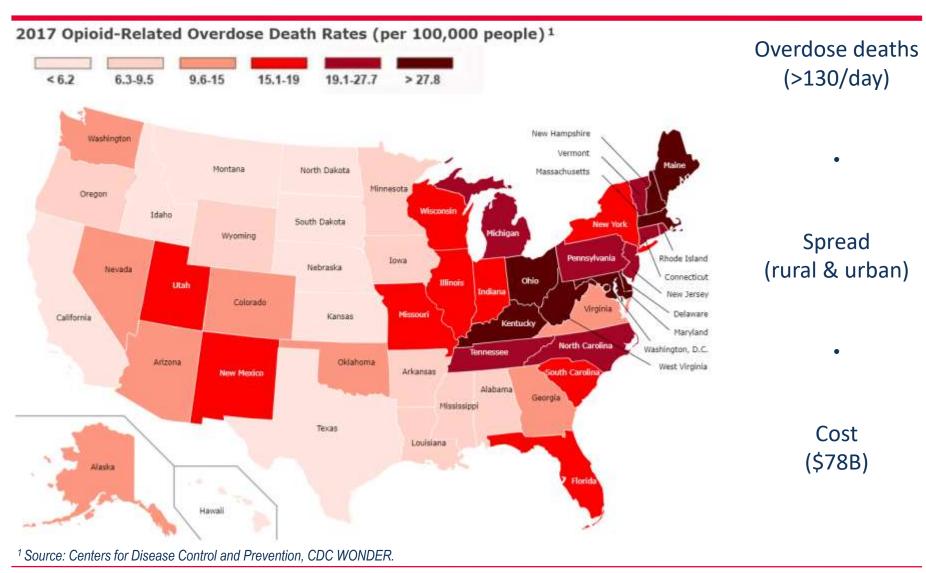


Lessons learned:

- Geographic precision in data → targeting of needs + causes of disease → resource allocation + prevention
- Combining different types of information and different methods



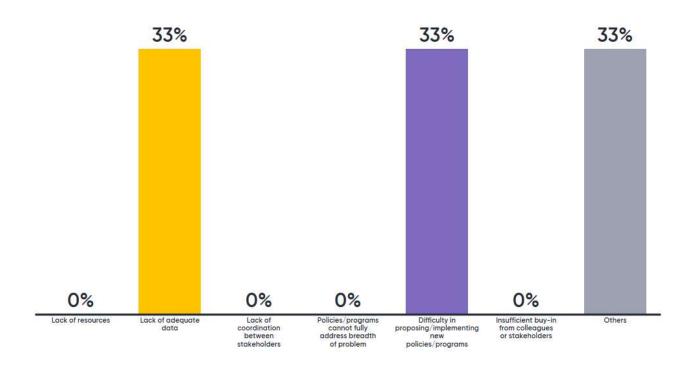
Misuse of opioids is a serious national crisis





In your opinion, what are the most critical challenges to address the opioid crisis?

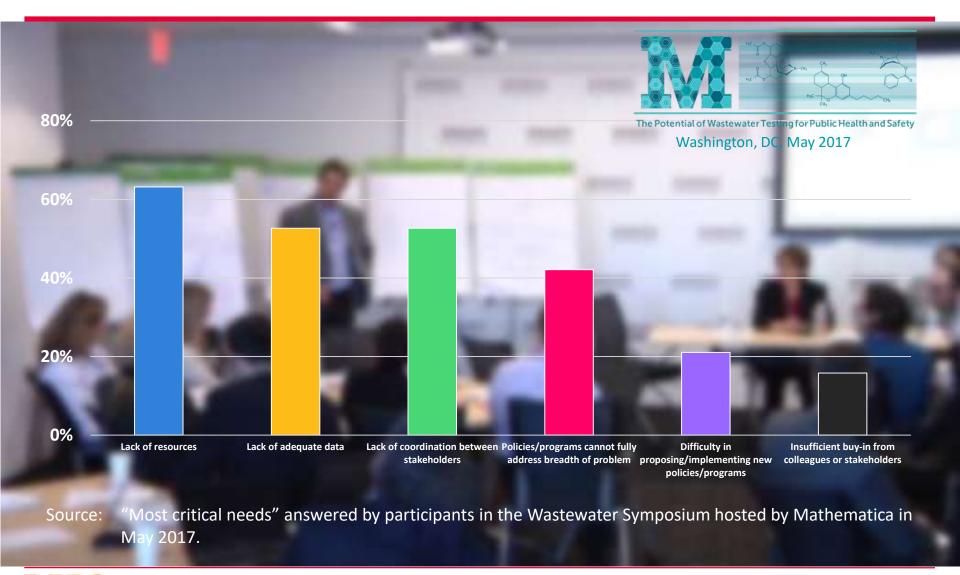
Mentimeter



Show image



"Most critical needs" answered by symposium participants





Limitations of traditional drug surveillance



Population surveys

1-2 year lags

Geographically limited

Underreporting



Healthcare data

"Consequence" data

Miss those outside healthcare system



Crime statistics

↑ crime or

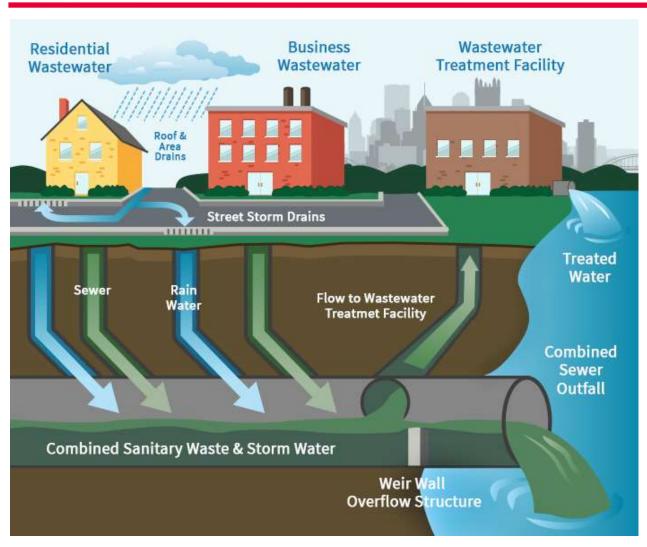
↑policing?

Few "events"

Icons from Noun Project.



Overview of wastewater testing



- Covers 81% of households
- Environmental
 Protection Agency-mandates testing for
 90+ contaminants
- Identity-blind (aligns ~ county)
- Compound-specific (panel of 1-2 dozen drugs)



The mechanisms of wastewater testing

SAMPLING

- Metabolite vs parent compound
- 24-hour composite

CHEMICAL ANALYSIS

- Analyzed right away
- Frozen for later

BACK-CALCULATIONS

- Mass of compound per 1,000 people
- Metabolic factors
- Population estimates

DETECTION

Fentanyl Heroin Cannabis Rx opioids Cocaine, Ecstasy,
Methamphetamine,
Amphetamine



Benefits and uses



Snapshots of drugs being used

Provide an early warning for new drug threats



Trends in use over time

Assess effectiveness of new program or policy



Geographic hotspots of use

Target resources to support those in need



Cost-effective & scalable

- ~\$150 per sample for storage, shipping, & testing
- million + people represented in a single 24-hour sample



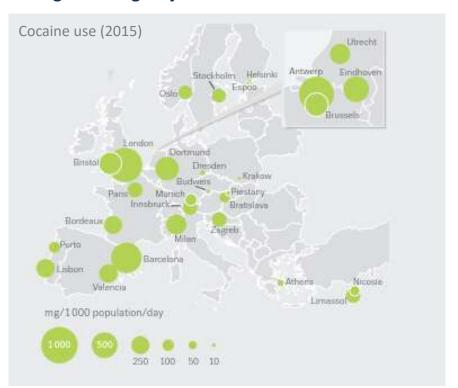
Wastewater-based epidemiology in Europe and Australia



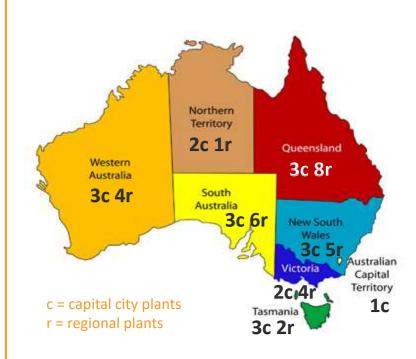


CRIMINAL INTELLIGENCE COMMISSION

Sewage Profiling Project



National Drug Wastewater Monitoring Program



Figures from Liesbeth Vandam (EMCDDA) & Dr. Jochen Mueller (University of Queensland)



Wastewater studies are still catching on in the U.S.



Marijuana Legalization Impact

Washington

WHO Puget Sound University & University of WA

DATA Wastewater estimates + Retail sales data

to estimate size of black market (Illicit use = Total use – Legal use)



Drug Use vs. Demographics

Northeast

WHO University of Massachusetts, Lowell

DATA Opioids (heroin, fentanyl, methadone, codeine, hydrocodone)

+ Other (cocaine, marijuana, amphetamines, tobacco, alcohol)



Portable Robot Samplers

North Carolina

WHO MIT's Biobot & Town of Cary

(supported by Bloomberg Philanthropies)

DATA Study of opioids in 10 locations (3,000-5,000 people)



Policy value of wastewater

WHO Mathematica Policy Research

University of Wisconsin

Dane County/Madison Public Health Department

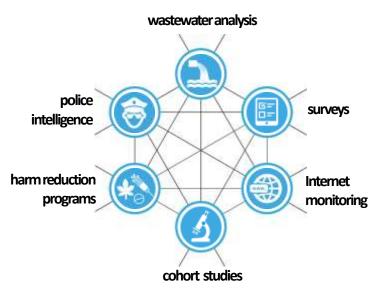
Dane County Narcotics Task Force

Madison Metropolitan Sewerage District

DATA Monthly estimates of ~20 drugs of abuse

Wastewater testing provides a window to study our health

Data triangulation



Drug use

Disease prevalence

Polio & Zika

Chemical exposure

- Opioids
- Obesity
- Marijuana
- Biomarkers of stress
- Antibiotic resistance

Pathogen exposure

 Triclocarban (antibacterial soaps)

Figure from Dr. Frederic Been (University of Antwerp) Text from Dr. Kevin Bisceglia (Hofstra University)

Acknowledgements

- Mathematica
 - Aparna Keshaviah
 - So O'Neil
- Stewards of Change Institute
 - Daniel Stein



For More Information

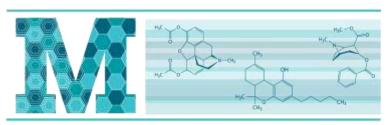
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Mathematica Policy Research



The Potential of Wastewater Testing for Public Health and Safety

